

# **Before Care Instructions for Tattoo Removal Treatment**

Laser tattoo removal targets tattoo pigment and typically results in a 95% success rate, leaving little to no visible ink behind. To ensure the best possible results, clients must follow the instructions below before arriving for their laser tattoo removal session.

### **Pre-Treatment Instructions**

#### 1. Clean & Shave the Area:

Wash the treatment area with mild soap and water. Shave the area if needed. Do **not** apply any creams, lotions, or other products except SPF 50+ sunscreen.

### 2. Protect the Area from Sun Exposure:

Avoid sun exposure on the day of your appointment. Use **SPF 50 sunscreen**, and cover the area with a bandage or clothing (e.g., a long-sleeved shirt).

**Note:** Tanned or sun-exposed skin can interfere with laser effectiveness and increase the risk of burns.

#### **Medication Check – Photosensitive Medications:**

Ensure you are **not taking any photosensitizing medications**. A list of common photosensitive drugs is included below and available on our website. If unsure, consult your doctor or pharmacist.

#### 3. Follow Post-Treatment Care:

You will be given detailed post-care instructions after your session. Please follow them carefully to promote healing and achieve optimal results.

#### 4. Stay Hydrated:

Drink plenty of water to keep your body and skin hydrated before and after treatment. Hydration supports your immune system and healing.



### **Treatment Overview**

- A course of treatment may include several months.
- Some tattoos may require several treatments depending on the ink and skin response.

#### **Possible Side Effects**

- Temporary or permanent loss of skin pigmentation at the tattoo site (especially with colorful tattoos).
- Temporary soreness or pain in the area
- Residual ink may remain after treatments.
- Mild skin texture changes or, rarely, scarring.
- **Darkening** or lightning of the treated or surrounding skin.
- Temporary taste of metal
- Temporary soreness or pain in area

# **Free Consultation Required**

All clients will receive a **free 15-minute consultation by appointment only** with a Tattoo Removal Project professional prior to treatment. During this consultation, we will answer all your questions, determine if you are a good fit for service, and if so, create your patient profile, personalized a treatment plan and provide details of the removal process.

Located at 10451 Huron Street, Northglenn, CO 80234



\*Inside the Crossroads Community Center, a private facility, please call or text 720-979-7021 when you arrive for your scheduled appointment and we will meet you outside for a secure entry.

# **Common Photosensitizing Medications**

Do not undergo treatment if currently taking any of the following medications. Confirm with your physician if unsure.

#### **Antibiotics:**

Ciprofloxacin, doxycycline, levofloxacin, ofloxacin, tetracycline, trimethoprim

### **Antifungals:**

• Flucytosine, griseofulvin, voriconazole

#### **Antihistamines:**

• Cetirizine, diphenhydramine, loratadine, promethazine, cyproheptadine

### **Cholesterol Medications:**

• Simvastatin, atorvastatin, lovastatin, pravastatin

#### **Diuretics:**

- Thiazide diuretics: hydrochlorothiazide, chlorthalidone
- Others: furosemide, triamterene

### **NSAIDs (Pain Relievers):**

• Ibuprofen, naproxen, celecoxib, piroxicam, ketoprofen

### **Oral Contraceptives & Estrogens**

### Phenothiazines (Anti-emetics/Tranquilizers):



• Chlorpromazine, fluphenazine, promethazine, thioridazine, prochlorperazine

### **Psoralens:**

• Methoxsalen, trioxsalen

### **Retinoids:**

• Acitretin, isotretinoin

### **Sulfonamides:**

• Acetazolamide, sulfadiazine, sulfamethoxazole, sulfasalazine, others

# Sulfonylureas (for Type 2 Diabetes):

• Glipizide, glyburide

# Alpha-Hydroxy Acids (in cosmetics)

### For a full list:

**FDA: Sun and Your Medicine**